

As per the guidelines issued by Food Safety & Standards Authority of India (FSSAI) an average active adult requires 2000 kcals of energy per day. However, the actual calories needed may vary per person.
Mentioned calorie values for all dishes in the menu are considered as per portion size of the same.

BREAKFAST

(7:00 am to 11:00 am)

	Aloo paratha 400 kcal 182 gms Set curd, pickle	650
•	Poori 268.5 kcal 220 gms Served with stewed potato curry	650
	Masala dosa 433 kcal 220 gms Served with sambar and chutney	650
	Idli 518 kcal 220 gms Served with sambar and chutney	650
	Eggs to order 170.12 kcal 180 gms Poched egg, 298 kcal 180 gms Scrambled, 226.48 kcal 180 gms Omelete, 251 kcal 180 gms Masala omelette	650
	Homemade pancakes 1207 kcal 250 gms Melted butter, whipped cream and maple syrup	625
	French toast 409 kcal 220 gms Melted butter, whipped cream and maple syrup	625
	Baker's basket (choice of any 3) 336.42 kcal 225 gms Croissant, danish, muffin, doughnut, toast	625





























SOUPS & STARTERS

(11:00 am to 11:00 pm)

SOUPS

Roasted tomato basil soup 142 kcal 200 ml	400
Sweet corn soup	
90 kcal 200 ml Vegetable	400
220 kcal 200 ml Chicken	400
Bhutte aur dhaniya ka shorba 379 kcal 200 ml	400
Black pepper rasam 350 kcal 200 ml	350

STARTERS

Laal mirch ka paneer tikka 849 kcal 250 gmsl Cottage cheese, red chili, yoghurt marination	750
Wasabi paneer tikka 863 kcal 250 gms Cottage cheese, wasabi marination ♠ ↑ ♣ ♣	750
Kasundi do phool 692 kcal 250 gms Broccoli, cauliflower, mustard marination	750
Cheddar stuffed vegetable shammi 692 kcal 300 gms Cheese stuffed vegetable galettes	850
Cheese chili toast 207 kcal 180 gms French fries	650
Ajwaini jhinga (4 pieces) 635 kcal 250 gms Jumbo prawns, carom seeds	1300
Bhatti ka murgh tikka 837 kcal 250 gms Chicken morsels, red marination	800
Gosht seekh kebab 445 kcal 250 gms Tender lamb mince, aromatic spices	850
Lasooni murgh malai tikka 876 kcal 250 gms Garlic and cream infused chicken	800
Mutton ki shammi 1059 kcal 250 gms Minced lamb, lentil, aromatic spices	850





























STARTERS, SNACKS & SALADS

STARTERS

Crispy fish finger 1211 kcal 250 gms Tartar sauce	825
French fries 493 kcal 180 gms	350
Garlic bread 1216 kcal 150 gms	450

SNACKS ...

	Chili chicken with bell peppers 671 kcal 250 gms Chicken, bell pepper, onion	750
	Chicken 65 3827 kcal 250 gms Masala fried morsels of chicken	750
	Chicken kathi roll 726 kcal 350 gms Chicken tikka, mint chutney © () () () () () () () () () (850
	Chennai assorted bhajji 1572 kcal 250 gms Cottage cheese, onion, potato, raw banana Allergens: - Lupin	550
•	Paneer kathi roll 842 kcal 350 gms Grilled paneer tikka, mint chutney	750

SALADS

Caesar with grilled vegetables 447 kcal 250 gms Caesar dressing, parmesan and garlic croute	450
Caesar with grilled chicken (contains pork) 674 kcal 250 gms Caesar dressing, parmesan and garlic croute with choice of bacon bits	500
Greek salad 324 kcal 250 gms Herb marinated feta, tomato, cucumber, kalamata olives, red onion	450



























SANDWICHES, BURGERS & PIZZAS

SANDWICHES

Grilled potato and mint chutney	700
402 kcal 250 gms French fries	
Grilled vegetable	700
382 kcal 250 gms French fries, salad leaves	
Grilled chicken	750
832 kcal 250 gms French fries, salad leaves	
Vegetable club	800
882 kcal 350 gms Toasted double decker, pan roasted	
vegetables, tomato, cheese, salad leaves, mayonnaise, French fries	
Fisherman's cove club (contains pork)	850
630 kcal 350 gms Toasted double decker, chicken, fried egg, ham, tomato, salad leaves, mayonnaise, French fries	

BURGERS

Tenderloin	850
449 kcal 350 gms Homemade sesame bun, caramelised onion,	
lettuce hearts, gherkins, French fries	
Chicken and thyme	850
526 kcal 350 gms Homemade sesame bun, caramelised onion,	
lettuce hearts, gherkins, French fries	
Spiced cumin and cilantro	800
558 kcal 350 gms French fries	

PIZZAS

Pizza verde – 9" 1098 kcal 225 gms Basil pesto, spinach, broccoli, olives, capers, mozzarella	800
Pizza Indiana – 9" 916 kcal 225 gms Chicken tikka, cilantro, red onion, peppers	850
Pizza California- 9" 770 kcal 225 gmsl Chicken, chicken Buckhurst sausage, feta, onion and bell pepper	850





























PASTAS, INTERNATIONAL & ASIAN

PASTAS

	Danie / anachatti alfuada	
	Penne / spaghetti alfredo Creamy cheese sauce	
	847 kcal 300 gms Vegetables	800
	952 kcal 300 gms Chicken	850
	Penne / spaghetti arrabbiata	
	Spicy tomato sauce	
	398 kcal 300 gms Vegetables	800
	497 kcal 300 gms Chicken	850
	Porcini pinot grigio risotto 742 kcal 300 gms Carnaroli, mushrooms	850
INTER	RNATIONAL ASIAN	
	Fish and chips 1189 kcal 325 gms Fish fillet, beer batter, chunky chips, mushy peas, tartar sauce, fresh lemon	900
	Grilled salmon	1400
	811 kcal 350 gms Sautéed greens, caper beurre blanc	1400
	Rosemary and garlic roasted chicken 1435 kcal 450 gms Half roast chicken served with potato wedges	900
	Thai green curry	
	858 kcal 450 gms Vegetable	800
	1118 kcal 450 gms Chicken	850
	952 kcal 450 gms Prawn	900
	Oriental tofu in Hunan chili sauce 284 kcal 450 gms Stir-fried silken tofu, vegetables	800
	Vegetable and shiitake in black bean sauce 338 kcal 450 gms Wok tossed vegetables, shiitake	800
	Stir fried chicken in kung pao sauce 1018 kcal 450 gms	850
	Sichuan fried rice 889 kcal 350 gms Vegetable	600
	913 kcal 350 gms Chicken	650
ATTI		R

ASIAN & SOUTH INDIAN

	Burnt garlic fried rice 1932 kcal 350 gms Rice, tossed vegetable, crisp garlic	650
•	Hakka noodles 459 kcal 350 gms Vegetable	650
	525 kcal 350 gms Egg	700
	597 kcal 350 gms Chicken	750
	Jasmine rice 260 kcal 350 gms	450
sou	JTH INDIAN	
	Carrot and beans poriyal 631 kcal 350 gms Beans, carrot A	700
	Urulai roast 497 kcal 350 gms Crusted potatoes tossed with South Indian spices	700
	Chinna vengaya poondu kuzhambu 567 kcal 450 gms Shallots, garlic, tangy gravy	700
	Meen varuval 444 kcal 350 gms Grilled fillet of fish, local spice	800
	Kovalam fish curry 824 kcal 450 gms Spicy fish curry, fresh tomatoes, chili, tamarind ♠ ♠ ♣	800
	Sambar sadam 913 kcal 450 gms Simmered lentil, vegetable, and rice with home ground spice mix	550
	Rasam sadam 631 kcal 450 gms	450
	Thayir sadam 1052 kcal 450 gms	400
	Malabar paratha − 2 nos 634 kcal 150 gms	250





























NORTH INDIAN

	Dal tadka 1142 kcal 450 gms	650
	Dal makhani 1512 kcal 450 gms	675
	Paneer tikka saag wala 1363 kcal 450 gms Cottage cheese in a cumin tempered spinach grav	700 /y
	Khumb matar 488 kcal 450 gms Mushroom, green peas, cashew nut gravy	700
	Subz diwani handi 717 kcal 450 gms Mélange of vegetables cooked in mild spices	700
	Lasooni makai palak 676 kcal 450 gms Corn, spinach, garlic	700
	Aloo gobi Shimla mirch 392 kcal 450 gms Stir fried cauliflower, potatoes and bell peppers with Indian spices	700
	Methi paneer 2069 kcal 450 gms Cottage cheese cooked in a fenugreek flavoured tomato gravy	700
	Methi murgh 1753 kcal 450 gms Fresh fenugreek flavoured chicken curry	800
	Murgh makhan wala 914 kcal 450 gms Tandoori chicken morsels, cooked in a onion - tomato gravy	800
	Mutton rogan josh 902 kcal 450 gms Spicy and rich lamb dish from Kashmir Awadhi biryani	825
	Awadhi style biryani cooked with homemade ground spices Mutton 1854 kcal 550 gms	950
	Chicken 1265 kcal 550 gms	900
	Vegetable 1183 kcal 550 gms	850
	Steamed ponni rice 352 kcal 350 gms	350
	Steamed Basmati rice 132 kcal 350 gms	350
Molu	Lucis Eggs Fish Lupin Soya Milk Peanuts Gluten Crustaceans Mustard Nuts Sesame Celery Sul	phites
	● Vegetarian	

NORTH INDIAN & DESSERTS

Jeera rice 132 kcal 350 gms	400
Masala khichdi 556 kcal 250 gms	650
Choice of Indian breads	250
556 kcal 250 gms Tandoori roti − 2 nos.	
588 kcal 250 gms Naan − 2 Nos.	
620 kcal 250 gms Butter naan − 2 Nos.	
650 kcal 250 gms Garlic naan − 2 Nos.	
556 kcal 250 gms Laccha paratha − 2 Nos.	
969 kcal 250 gms Kulcha − 2 Nos.	
556 kcal 250 gms Phulka- 3 Nos.	

DESSERTS

Moong dal halwa	500
1007 kcal 180 gms Rajasthani speciality of lentil pudding	
Mocha and espresso fudge cake	500
498 kcal 120 gms	
Bitter chocolate crème pavê	500
259 kcal 120 gms Raspberry coulis	
Blueberry cheesecake	500
694 kcal 180 gms Blueberry compote ☐ 😻 🛊	
Dates and figs halwa	500
1007 kcal 120 gms	
Choice of ice creams	450
179 kcal 120 gms Vanilla, chocolate, strawberry,	
butter scotch, mango, South Indian filter coffee	
Gulab jamun	450
359 kcal 120 gms	
Seasonal cut fruits	450
80 kcal 200 gms	



























