

As per the guidelines issued by Food Safety & Standards Authority of India (FSSAI) an average active adult requires 2000kcal` of energy per day. However, the actual calories needed may vary per person.



Scan QR to know nutritional value of each dish

Appetizers

- ### Tender coconut Mojito

273kcal/285gm Tender coconut water, lemon, mint leaves and honey

500
- ### Raw mango and coconut chat

380kcal/250gm Raw mangoes and grated coconut tossed in sweet and sour tamarind sauce

600
- ▲

Podimeen varuthathu

609kcal/190gm Masala coated deep fried local whitebait

900
- ▲

Kozhi chuttathu

470kcal/200gm Masala coated chicken morsels, a deep fried local delicacy

900
- ▲

Chuttirachi

370kcal/200gm Pot roasted tenderloin with pounded kerala spices and coconut slivers

950

Meen pollichathu

Fish marinated with freshly ground masala, wrapped in banana leaves and grilled

- ▲

590kcal/240gm Karimeen (pearl spot)

1100
- ▲

590kcal/210gm Naimeen (king fish darne)

1000
- ▲

572kcal/200gm Mahi mahi

900
- ▲

590kcal/240gm Pomfret

1100



If you are allergic to any food Ingredients kindly inform the order taker.

All prices are in Indian Rupees and are subject to Government Taxes CGST 9% & SGST 9%

Meen porichathu

Fish marinated with freshly ground masala, deep fried or grilled

▲ 590kcal/240gm	Karimeen porichathu (pearl spot)		1100
▲ 590kcal/210gm	Naimeen (king fish darne)		1000
▲ 572kcal/200gm	Mahi mahi		900
▲ 572kcal/200gm	Prawns		1200
▲ 572kcal/300gm	Fresh water scampi		1400
▲ 572kcal/180gm	Koontal thenga ularthiyathu (squid)		900

MEEN CURRY

Alleppey or Vembanadu or Malabar

▲ 630kcal/300gm	Naimeen (king fish darne)	 	1000
▲ 630kcal/300gm	Mahi mahi fish	 	900
▲ 630kcal/300gm	Prawns	 	1200
▲ 450kcal/300gm	Crab roast	 	1100



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MAIN COURSE

- ▲ **Kozhi varutharachu curry**  900
640kcal/300gm Chicken morsels cooked in roasted coconut gravy
- ▲ **Nadan kozhi curry**  900
640kcal/300gm Chicken morsels simmered in flavored coconut milk and local spice
- ▲ **Mutton pepper varattu**  950
742kcal/300gm Tender lamb morsels cooked with shallots, coconut and black pepper
- ▲ **Mutton malliperalan**  950
810kcal/300gm Coriander flavored lamb curry
- ▲ **Beef roast**  950
550kcal/300gm Slow roast cooked beef in a spicy masala with curry leaves
- **Alleppey vegetable curry**  800
330kcal/300gm Vegetable cooked in coconut milk and raw mango
- **Vegetable stew** 800
224kcal/300gm Vegetable cooked in mild coconut milk
- **Koon pattani masala**  800
210kcal/300gm Mushroom, green peas in mild spicy masala with coconut milk
- **Vellarikka manga curry**  800
290kcal/300gm Local spiced coconut based gravy with curry cucumber and raw mango
- **Thakkali murungakkai curry**  800
290kcal/300gm Local spiced coconut based gravy with drumstick and tomato



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BREADS AND RICE

- 546kcal/350gm Steamed rice or Kerala rice 300
- 274kcal/90gm Malabar paratha  200
- 265kcal/40gm Appam 200

Biryani-Malabari style

- **Vegetable**   850
 848kcal/350gm
- ▲ **Chicken**   950
 1086kcal/350gm

Desserts

- **Ada pradhaman**    500
 635kcal/200gm Rice flakes simmered in coconut extract, sweetened with molasses puree and tempered with nuts
- **Semiya payasam**    500
 644kcal/200gm Vermicelli simmered in sweetened and cardamom flavored milk, tempered with nuts
- **Tender coconut soufflé with tender coconut ice cream**  500
 430kcal/150gm Sugar free young coconut semifreddo
- **Mississippi chocolate mud cake with vanilla ice cream**    500
 800kcal/150gm Baked chocolate fudge cake
- **Selection of ice cream**   500
 207kcal/150gm Choice of- vanilla, strawberry, butter scotch, chocolate, tender coconut, coffee or mango



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Wines by the Glass

White Wines

Indian

Grover Vijay Amrutraj	900
Grover Chenin Blanc	900
Grover Viognier	900
Fratelli Chardonnay	900
Fratelli Sauvignon	900

Imported

Benzinger, Chardonnay	900
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Red Wines

Indian

Grover Vijay Amrutraj	900
Grover's Cabernet Shiraz	900
Fratelli Classic Merlot	900
Grover Merlot	900

Rosé Wine

Fratelli Rose Shiraz	900
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Champagne or Sparkling wine

Grover Zampa Brut, India	7500
Fratelli noi, India	7500

White Wines

Chardonnay

Bezinger Los Carneros, California ●	8500
Hardy's, Australia ●	8500
Jacob's creek, Australia ●	8500
Lindeman's, Hunter valley, Australia ●	8500
Fratelli, Akhuj, India ●	5500

Chenin Blanc

Grover, Nashik, India ●	5500
Fratelli, Nashik, India ●	5500
Fratelli, Akhuj, India (375 ml) ●	3500

Sauvignon Blanc

Pouilly Fume, Henri Bourgeois, France ●	8500
Kumala, Table mountain, South Africa ●	8500
Mouton Cadet Blanc, Bordeaux, France ●	8500
Grover, Nashik, India ●	5500
Fratelli, India ●	5500

Viognier

Grover zampa Vijay Amritraj collection, Nandi hills, India ●	5500
Grover, Nashik, India ●	5500

Red Wine

Shiraz

Jacobs Creek, Australia ●	8500
Lindeman's Cabernet Shiraz, Australia ●	8500
Grover La Reserve, India	5500
Grover, India ●	5500
Grover, India 375ml ●	3500
Fratelli Classic, India ●	5500
Fratelli, Indian 375ml	3500
Fratelli, India	5500

Cabernet Sauvignon

Grover zampa Vijay Amritraj collection ●	5500
Fratelli, India ●	5500

Merlot

Grover, India ●	5500
Fratelli classic merlot, India ●	5500
Jacobs Creek, Australia	8500

Rosé Wine

Fratelli, India ●	5500
Grover, India ●	5500

Beer

Corona Extra (330ml)	750
Kingfisher premium (650ml)	700
Kingfisher Ultra (500ml)	650
Kingfisher Ultra (330ml)	550
Heineken (330ml)	550
Heineken (650ml)	750
Budweiser (330 ml)	550

