

# 





07:00 am To 10:30 am



# **Breakfast**

Cereals - cornflakes   Wheat flakes ♦ 6 6 7 163 Kcal   200 ml + 80 gms   hot / cold milk / skimmed milk / soya milk   nuts   dates		400
Oat meal porridge  15		400
Vegan soy milk quinoa ♥ 120 Kcal   220 gms   nuts porridge		420
Baked beans on toast ↑ ♦ 62 Kcal   240 gms		350
Fresh fruit platter / Bowl of papaya 80Kcal   380 gms		450
<b>Sprout pepper chilla</b> \$\(^{\lambda}\) 350 Kcal   220 gms   lentil sprouts pancake   bell peppers   cottage cheese		450
Eggs cooked to order 1	ees	650

#### List of Allergens:



























# **Beverages**

Hot Beverages 1 200 Kcal   200 ml   hot chocolate / bournvita / coffee instant / horlicks / decaffeinated / espresso / cappucino / filter coffee tea-masala   ginger   lemon   earl grey   green tea   herbal or chamomile	350	O
Choice of seasonal fruit / vegetable 80 Kcal   200 ml   pineapple / watermelon / orange / sweet lime / papaya / tomato / bitter gourd / beetroot / cucumber / carrots	400	0
Smoothie	400	0
Cold coffee - With / Without ice cream 1 450 Kcal   220 ml	400	O
Milk shakes i ♥ 450 Kcal   220 ml  vanilla  chocolate   strawberry  mango  banana   butterscotch	400	0
<b>Lassi</b> ↑ ♥ 340 Kcal   220 ml   sweet / salted / plain / butter milk	350	0

List of Allergens:



























# **Indian Choices**

Idli   Medu vada 🕯 438 Kcal   220 gms   sambhar   chutney	450
Dosa   Uttapam   9	450
<b>Upma</b> ↑    545 Kcal   200 gms   semolina   vegetables   sambhar   chutney	450
Poha 1 ♠	450
Puri   Aloo bhaji ↑♥ 484Kcal   200 gms   potato curry   fried puffed wheat bread	450
Paratha i ♥ 650 Kcal   180 gms   potato / cauliflower / paneer   yogurt   pickle	450
Bread aamlet 1 6 918 Kcal   180 gms   as served in Indian railway   savory egg french toasts	550

#### List of Allergens:















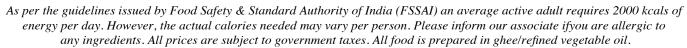












# On The Go Breakfast

Bakers basket ***   1256 Kcal   350 gms   croissant   danish pastry   muffin   doughnuts   whole wheat bread toast   butter   fruit preserves   honey	500
Make Your Own Sandwich	
Choice of Bread: White, Multigrain, Whole Wheat	630
<ul> <li>234 Kcal   240 gms   vegetable - cheese</li></ul>	
Hot Beverages 1	350
200 Kcal   200 ml   hot chocolate / bournvita / coffee instant / horlicks / decaffeinated / espresso / cappucino / filter coffee tea-masala   ginger   lemon   earl grey   green tea   herbal or chamomile	
Choice of seasonal fruit / vegetable juices	400
80 Kcal   200 ml   pineapple / watermelon / orange / sweet lime / papaya / tomato / bitter gourd / beetroot / cucumber / carrots	

#### List of Allergens:

























As per the guidelines issued by Food Safety & Standard Authority of India (FSSAI) an average active adult requires 2000 kcals of energy per day. However, the actual calories needed may vary per person. Please inform our associate ifyou are allergic to





# **Salads**

	<b>Vegan Quinoa Bowl</b>	570
	Caesar Salad i	<b>570 / 630</b> ni's
	Greek Salad ↑ ♦ ↑ 197 Kcal   240 gms   ripe tomatoes, French cucumbers, red onions, Greek feta, olive oil- lemon dressing	570
So	ups	
	Cherry Tomatoes & Roasted Pimento Soup       / 219 Kcal   200 ml   garlic bread	465
	Spinach Cream Soup 1 6 1 200 ml   roasted almonds	465
	Mulligatawny 87 Kcal   200 ml   lentil soup	465

#### List of Allergens:































# Western

Mezze Platter	660
The Railway Vegetable Cutlet 🋔 🐉  481 Kcal   400 gms   assorted vegetables & potato mash, chili coriander, panko breaded, ketchup	550
Chili & Bell Pepper Cheese Toast	550
The deep - fried Potato Basket  213 Kcal   400 gms   fries, spicy wedges, hash browns, similes & peri peri fries, assorted dips	530
Spicy Chipotle Chicken Wing 🐞 🕠 🌽 590 Kcal   250 gms   deep fried, sour cream dip	680
Fish Fingers	680
Bread Aamlet	580

#### List of Allergens:



























# Pan Indian Fare

Non Veg Kebab Platter		1400
Achari Tandoori Prawns 1 6 4 4 299 Kcal   250 gms   pickle flavoured		1300
Nimbu Mirch Mahi Tikka i 🥞 🗞 🗯 307 Kcal   240 gms   fish cubes, lime, fresh chilies		800
<b>Ajwaini Murgh Tikka</b> i		800
Khaas Seekh Kebab 🛔 🕳 锅 1149 Kcal   250 gms   minced lamb kebabs		800
Vegetable Kebab Platter 1 6 6 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9		999
Tandoori Paneer i		750
Cheese Nimona Tikki i ⊌ ⊌ 415 Kcal   220 gms   chooped vegetables - walnut patties from	m griddle	750
<b>Vegetable Pakora</b> 354 Kcal   340 gms   battered deep fried vegetables & cottag mint chutney, sweet spicy, tamarind dip	e cheese,	550
Mumbai Vada Pao		550
Pav Bhaji i   369 Kcal   340 gms   buttered buns, spicy vegetable curry, as eaten in Mumbai		550

#### List of Allergens:































# **Indian Mains**

Tandoori Kadhai Jheengey	1400
Sarson Mahi Curry	800
Railway Mutton Curry   6	850
The Grant House Keema Mattar 1 6 4 4 4 4 1020 Kcal   300 gms   curried mutton mince, buttered buns	850
Amritsari Butter Chicken i	800
Dhaniya Murgh i 66 444 Kcal   300 gms   chicken, coriander & cashewnuts	800
Our Egg Curry 1 6 6 426 Kcal   300 gms   boiled eggs, tomato & onion gravy	650
Badami Khubani Koftey i	730
<b>Lahsooni Palak</b> 367 Kcal   300 gms   spinach puree, garlic corn / mushroom / nature	730
Subz Kaju 🕯 👺 878 Kcal   300 gms   mixed seasonal vegetables, cashew kernels, tomato	730
Charra Aloo Gobhi & Cherry Tomato 🖟 😂 207 Kcal   300 gms   new potatoes, cauliflower florets, tomatoes, spices	730
Pindi Chole, Kulcha	750

#### List of Allergens:



























450 Kcal   300 gms   tuar or moong dhuli midly spiced lentils	560
Dal Makhani i 278 Kcal   300 gms   black lentils at its best	630
<b>Paneer</b> ↑ <b>%</b> 485 Kcal   300 gms	750

matar paneer palak paneer paneer keema bhurjee paneer tikka masala paneer butter masala kadhai paneer

#### List of Allergens:





























# Biryani

Basmati Rice, Saffron, Cardamom & Mace, Salan, Raita & Papads	

676 Kcal | 400 gms

Subz 🕴 👙 😘

876 Kcal | 400 gms

**Gosht** ↑ ♦ ♦ **950**1205 Kcal | 400 gms

Pulao | 600

524 Kcal | 400 gms | jeera, green peas or mixed vegetables, raita

Steamed Basmati Rice \_\_\_\_\_\_ 550
 321 Kcal | 250 gms

Moong Dal Khichdi
550

279 Kcal | 250 gms | rice, lentils, yogurt masala or nature vegetable

Assorted Bread \$\big|\$ \$\big|\$

320 Kcal | 160 gms

naan

butter naan

cheese naan

whole wheat tandoori roti

whole wheat laccha paratha, pudina paratha

kulcha - plain, aloo, paneer

phulka - 3 piece

Accompaniments | 300

136 Kcal | 220 gms | Raita - Boondi Mixed Vegetable Yogurt Pineapple Mint 197 Kcal | 220 gms | Green Salad

#### List of Allergens:



























750





# Regional

Bataka Sargawa Nu Rasawalu Shaak 🕴 🐐 396 Kcal   300 gms   potato - drumstick curry	580
Ringan No Oro 1 %	580
<b>Kathol</b> ↑ ♠	580
Oondhiya 🐧 🖚 419 Kcal   300 gms   seasonal vegetables, green garlic & chili	580
Flower Vatana Nu Shaak i 🚳 317 Kcal   300 gms   spiced cauliflower & green peas	580
<b>Sev Tameta</b> §	580
Vaghareli Khichdi i 🐐 441 Kcal   300 gms   rice - lentil porridge	550
Gujarati Kadhi i 🐐	530
Lasaniya Bateta	580
Dal Dhokli i	580
Today's Farsaan i	580

#### List of Allergens:

























Methi Nu Theplo 🕴 🐞 230 182 Kcal | 240 gms | seasonal fenugreek flat bread, ghee, yogurt, sweet raw mango chundo pickle Bajre Ka Rotla 🕴 🍇 230 722 Kcal | 240 gms | griddled whole millet bread, ghee & jaggery **Gujarati Thali** 

A Set Vegetarian Meal 🕴 🗞 🥜 1100

2000 Kcal | 550 gms | choose any two seasonal vegetables dishes, butter milk gravy, farsan Gujarati kadhi, dal, steamed rice, bread & a dessert

List of Allergens:

#### List of Allergens:































# Main Courses / Entrée

New Zealand Lamb Rack 1068 Kcal   340 gms   grilled green asparagus, mint jus	1700
<b>Tiger Prawns</b> A 440 gms   shelled, lime-paprika rub, herb butter rice	1400
Alaskan Salmon Steak 🐧 🖚	1400
Grilled Fish 310 Kcal   400 gms   grilled, chermoula butter, new potatoes, wilted garlic greens	930
Fish & Chips	850
Chicken Breast	930
Wild Mushroom	750
Broccoli   Corn florentine 🏻 🛊 772 Kcal   340 gms   garlic bread, baked	700

#### List of Allergens:



























	Mexican Quesadilla	630
	Tomato & Mozzarella i	630
The	· Club Sandwich	
	518 Kcal   260 gms   vegetarian - coleslaw, vegetables, cheddar slice	630 680
	Chicken Wrap i	680
	Paneer Kathi Roll i   440 Kcal   340 gms   charcoal - grilled cottage cheese	630
M	ake Your Own Sandwich	
	Choice of Bread: White, Multigrain, Whole Wheat  234 Kcal   240 gms   vegetable - cheese	630
	Vegetable Burger ↑ ♦ ♦ ► ≯  956 Kcal   280 gms   curried vegetable patties, slices, pickle, sesame buns	680
	Chicken Burger i	730

#### List of Allergens:





























# **Pasta And Risotto**

Homemade Raviolis i ⊌ ≯ 313 Kcal   300 gms   spinach & ricotta filling, saffron crème	680
Baked Vegetable Lasagna 🛔 🐉 🥕 706 Kcal   340 gms   pasta & grilled vegetables layers, bechamel sauce, grated cheese parmesan	680
Spaghetti Aglio Olio & Pepperoncino ↑ ♥ 783 Kcal   240 gms   garlic, red chili flakes & parsley, parmesan	680
Mac 'N' Cheese	580
Linguini Alla Carbonara i 🛊 🕟  1095 Kcal   240 gms   egg & parmesan, crispy pancetta bacon\	730
Tagliatelle Bolognaise ↑ ♦ ▶ 310 Kcal   240 gms   chicken, tomato & vegetable stew	730
Spinach, Button Mushroom Risotto 🖟 🌽 288 Kcal   340 gms   Italian arborio rice	680
Shrimp and Green Pea Risotto *	730

#### List of Allergens:































Di	m sum	
Wit	th chili peanut dip & soy scallion dip	
	Spiced chestnut   Broccoli ♥♥≫↑♥♥ 118 Kcal   150 gms	 750
	Chicken shumai ♥♥≫↑♥♥ 6 374 Kcal   150 gms   minced steamed chicken   coriander	 900
So	oups	
	Chicken noodles soup ♥���. 200 Kcal   220 ml   vegetables   coriander   ginger infusion	 375
	Manchow   crispy noodles  143 Kcal   285 kcal   220 ml   veg   143 kcal   285 kcal   220 ml   veg   143 kcal   285 kcal   220 ml   veg   143 kcal   285 kc	 375 / 450
	<b>Tom yum ♣</b> 194 Kcal   220 ml   chicken -prawns   galangal   lemon grass   lime & chilli	 450
Ap	petizers	
	Sesame honey broccoli & lotus stem ♦ ► 47 743 Kcal   200 gms	 650
	Crispy corn chilli, wild pepper 🌬 🥕 570 Kcal   180 gms	 650
	Crispy fish sichuan pepper → 6 🗸 💆 💆 676 Kcal   240 gms	 900
	Chicken chilli mountain ♦ ♥ ◀ 6 823 Kcal   240 gms	 850

#### List of Allergens:



























# **Mains**

	Thai curries: red curry   green curry with rice   418 Kcal   308 Kcal   440 gms   chicken   fish   prawns	* <u>*</u>	750/850
	Stir fried chinese greens ♦ ► ♠ ↑ 384 Kcal   200 gms   minced steamed chicken   coriander		900
	Mapo Tofu ** A 4 9 889 Kcal   250 gms		750
	<b>Vegetable dumplings   Spicy soy   Garlic</b>		700
	Double cooked sweet Spicy pork Ribs ***  1230 Kcal   380 gms		1100
	Kung pao chicken   Cashews 1 4 4 7 7 8 7 8 7 8 7 9 8 7 9 8 7 9 8 9 8 9 8		850
Ri	ce		
	Burnt garlic mushroom Vegetable fried rice 606 Kcal   380 gms   vegetable 606 Kcal   380 gms   chicken		600 / 750
No	oodles		
	From the wok  *hakka style: scallions   sprouts   peppers   carrots  *chili garlic noodles  438 Kcal   300 gms   vegetable		600/750

#### List of Allergens:







559 Kcal | 330 gms | chicken 140 4 6

























# Western

	<b>Bulls Eye</b> ↑ ♦ ♦ 440 Kcal   220 gms   chocolate pudding, chocolate sauce, van	500
	Custard Pudding i	 600
	Crème Brulee i 60 495 Kcal   180 gms   the classic vanila	 530
	Cheesecake ( ) ( ) ( ) ( ) ( ) ( ) ( ) ( ) ( ) (	 580
	<b>Tiramisu</b> i <b>♥</b> 1625 Kcal   180 gms	 580
	Sugar Free Mocha, Dark Chocolate Mousse 155 Kcal   150 gms	 580
Ind	ian: Rasmalai i 🍯 1904 Kcal   150 gms	 450
	Pista Gulab Jamun å ⊌ ₩ 1557 Kcal   160 gms	 450
	Kesar Elaichi Shreekhand [] 66 235 Kcal   200 gms	 450

#### List of Allergens:































## **Salads**

# ► Healthy concoctions 125 Kcal |200 ml | apple, spinach and carrot juice (fat free, dietary fiber 2%, sodium 1%, carbohydrate 10%, vitamin c 118%,calcium 3%,iron 2 %) 125 kcal |200 ml|Pineapple, ginger, lime and mint (fat 1%, dietary fiber 2%, sodium 0%, protein 2%, carbohydrate 10%, vitamin c 130%, vitamin a 12%, calcium 4%,iron 4 %) Salads 1230 gms | Iceberg, peppers, sprouts in lemon and olive oil (Calories 123, fat 192%, dietary fiber 8%, sodium 0%, protein 4%, carbohydrate 2%, Vitamin c 11%, calcium 4%, iron 22%) Soups

Chicken clear soup

Vegetable clear soup 💆

450

450

86 Kcal | 200 ml | (fat4%, dietary fiber8%, sodium15%, protein12%, carbohydrate3%, vitamin c1%, vitamin a0%, calcium 1%, iron 3 %)

13 Kcal | 200 ml | (fat 0%, dietary fiber 8%, sodium 20%, protein 1%, carbohydrate 1%, vitamin c2%, vitamin a 13%, calcium 1%, iron 1%)

#### List of Allergens:



























# Maincourse

	Grilled chicken ↓ ↓ 296 Kcal   250 gms   Succulent piccata of chicken marinated, grilled served with olive oil tossed vegetables and pan jus (fat10%, dietary fiber15%, sodium4%, protein120%,iron 5%, carbohydrate 0%, vitamin c1%,vitamin a1%, calcium 1%)	950
	Leeks and scallions poached fish with steamed vegetables 39 Kcal   250 gms   (fat2%, dietary fiber15%, protein10%, carbohydrate1%, vitamin c1%, vitamin a 0%, sodium34%, calcium 7%, iron3%,)	950
	Steamed vegetables and cottage cheese 1 215 Kcal   250 gms   (fat15%, dietary fiber15%, sodium20%, protein50%, carbohydrate1%, vitamin c15%, vitamin a17%, calcium13%, iron1%)	700
Mu	ılti grain bread sandwich (toasted / plain)	
	Multi grain-roasted chicken and lettuce s/w 1969 215 Kcal   200 gms   (fat15%, dietary fiber15%, sodium20%, protein50%, carbohydrate1%, vitamin c15%, vitamin a17%, calcium13%, iron1%)	750
	Multi grain-Tomato cucumber and lettuce s/w 1 9 203 Kcal   200 gms   (fat15%, dietary fiber15%, sodium20%, protein50%, carbohydrate1%, vitamin c15%, vitamin a17%, calcium13%, iron1%)	630

#### List of Allergens:



























W	ellness combo meal	
Mul	ti grain roti and indian curry	
	<b>Spinach curry with mushroom or paneer</b> 1 5 5 6 7 300 Kcal   350 gms   (fat 15%, dietary fiber 22%, sodium 23%, protein 25%, carbohydrate 17%, calcium 10%, iron 20%)	850
	chopped spinach and chicken tikka in tomato we curry  400 kcal   350 gms   (fat15%, dietary fiber45%, sodium30%, carbohydrate30%,protein54%, vitamin c22%, vitamin a2%, calcium15%, iron29%)	950
WI	nole wheat penne or spaghetti napoletana	
	With vegetables ↑ ♦ 400 Kcal   300 gms   (Calories 400, fat 15%, dietary fiber 59%, sodium 2%, protein 32%, carbohydrate 27%, vitamin c16 %,	650

420 Kcal | 300 gms | (fat 15%, dietary fiber 44%, sodium 40%, protein 50%, carbohydrate 24%, calcium 3%, iron 20%)

vitamin a96%, calcium4%, iron23%)

With chicken 1 \$

List of Allergens:



























750





# Kids menu

	Popeye's special	450
	Scooby dooby doo 6 1 1 200 gms Juicy chicken batons, crumbed, golden fried; served with french fries	450
	Donald duck in a strawberry or vanilla	450
Snoopy goofy		
	Mini burger  230 Kcal   200 gms   Vegetable with smiley potatoes ↑ ♦ ♦  474 Kcal   200 gms Grilled chicken steak burger with smiley potatoes • ↑ ♦ ♦	550
	Mini hot dog • • • • • • • • • • • • • • • • • • •	550
	Kid's favourite instant noodles ↑ ↓  205 Kcal  300 gms (plain/vegetable)	550

#### List of Allergens:



























### Uncle scrooge

Choice of fried potatoes served with ketchup  548 Kcal   200 gms  Smiley potatoes French fries Potato wedges	 550
Mac 'n' cheese ↑ ♥ 609 Kcal  300 gms Baked soft boiled macaroni in cheese sauce	 550
Penne in tomato cream sauce 1 \$\\\$ 314 Kcal   240 gms	 550
Spaghetti alfredo with chicken   314Kcal  240 gms	 600
Finger cheese sandwich 1 \$\square\$ \$\qquare\$ 366 Kcal   200 gms	 550
Cheese and capsicum toast ↑ \$ 300 Kcal   200 gms	 550
Ice cream sundae *	 450

#### List of Allergens:































# **Beverages**

Healthy Mixes > 56 Kcal   200 ml   beet, carrot, apple   fresh lime with - water or soda	360
Choice Of Seasonal Fruit / Vegetable  70 Kcal   200 ml   pineapple / watermelon / orange / sweetlime / papaya, tomato / bitter gourd / beetroot / cucumber / carrots	360
Smoothie   6 424 Kcal   200 ml   banana, blueberry, cherry   dates, nut smoothie	360
Cold Coffee   Milk Shakes   6	400
Lassi 6 6 200 ml   sweet / salted / plain / butter milk	400
Hot Beverages  200 Kcal   200 ml   hot chocolate / bournvita / cofee instant horilicks / decaffeinated / espresso / cappucino / filter coffee tea-masala, ginger, lemon, earl grey, green tea, herbal or chamomile	400
Aerated Beverages   Energy Drink - Red Bull 82 Kcal   300 ml	400
Bottled Water   Himayalan (1 ltr)   Soda  O Kcal   1000 ml	150
<b>Perrier</b> 0 <i>Kcal</i>   330 ml	370

#### List of Allergens:



























# Mocktail

Virgin Mojito 155 Kcal   200 ml   mint, lime, brown, sugar, clear soda	400
Melon Breezer  58 Kcal   200 ml   muddle melon, grenadine syrup	400
Virgin Colada  245 Kcal   200 ml   pineapple juice, coconut cream	400
Strawberry margarita  160 Kcal   200 ml   strawberry compote, basil, lime, brown sugar	400
Mint Delight  141 Kcal   200 ml   apple, cranberry juice, lime	400
Lemon Grass Ginger Cooler  132 Kcal   200 ml   ginger ale	400
Masala Shikanji  113 Kcal   200 ml   lime, chat masala, mint, green chilies sweet - salted	400
<b>Guava Mary</b> 118 Kcal   200 ml   guava juice, tabasco, black pepper, lime	400
Pineapple Ginger beer  127 Kcal   200 ml   lime, pineapple juice, ginger ale	400
Ice Tea	
91 Kcal   200 ml kaffir, jasmine ice tea passion fruit, mint	400

#### List of Allergens:



green apple

























